

# Feeding Crane Wisconsin Invites You To Our Free Kung Fu Workshop April 6<sup>th</sup>, 2019

This is a great way to try Kung Fu for free.  
This event is open to all adults (18+). Bring a friend!

At BKMA's Mirai Do Dojo  
St. Nicholas's Parish (4304-17th ave Kenosha, WI)  
10am-1pm

## What is Feeding Crane Kung Fu?

Part of the Chinese White Crane style of fighting, it is a ferocious combat art meant to stop the opponent within a few seconds. The focus is on bone breaks and targeting vulnerable points on the body, or disrupting the circulatory, neural, or respiratory systems

## What Feeding Crane Kung Fu is NOT?

It's not a sport. There are no tournaments. Tournaments mean rules. In a real fight, the only reward is getting home in one piece. There are no points, no trophies, no colored belts.

## Please Preregister

Phone/text: (262) 412-5942

Email: [bkma\\_kenosha@yahoo.com](mailto:bkma_kenosha@yahoo.com)

For more information on this and other events,

Please visit our website at:

[www.bkmartialarts.org](http://www.bkmartialarts.org)

or

[www.feedingcranekungfu.org](http://www.feedingcranekungfu.org)

## What You Will Learn

We will cover basic concepts that are found within our style. You will also have one-on-one training with members from our group. This will be a hands on seminar, so come prepared to train!

## What Will You Need?

After you have preregistered, the only other things you will need are workout style clothes, good shoes, and an open mind.

